



# Carrie Tingley

## HOSPITAL FOUNDATION

APRIL 2026 NEWSLETTER

### Top News

**Final Call for  
Pickleball Palooza**

**Autism Acceptance Month**

**Volunteer  
Appreciation Month**

**Upcoming Program &  
Registration Reminders**

**Get Involved**



**HOSPITAL FOUNDATION  
PICKLEBALL PALOOZA**

**Precision Medical**  
HAIR RESTORATION & AESTHETICS



## **Pickleball Palooza, presented by Precision Medical Hair Restoration & Aesthetics**

The wait is almost over! Pickleball Palooza is just around the corner, taking place April 24–26, 2026 at Defined Pickleball in Rio Rancho. We are so grateful for the support we've received from our sponsors, volunteers, and players who are making this event possible.

A huge thank you again to our Title Sponsor, Precision Medical Hair Restoration & Aesthetics, for their generosity and commitment to children with disabilities and their families across New Mexico.

If you haven't registered yet, there is still time! The tournament welcomes players aged 19 and up of all skill levels. Friday features singles, Saturday doubles, and Sunday mixed doubles. Open bracket mixed doubles champions take home \$2,000 in prize money!

**[Register Here!](#)**

# AUTISM ACCEPTANCE & VOLUNTEER APPRECIATION

## April is Autism Acceptance Month

April is Autism Acceptance Month, a time to celebrate neurodiversity, promote inclusion, and recognize the unique strengths of individuals on the autism spectrum.

While Carrie Tingley Hospital Foundation primarily serves children with physical disabilities, we know that many of the children and families in our community navigate multiple diagnoses and overlapping diagnosis. Autism Acceptance Month is a reminder that true inclusion means creating spaces where every child feels welcomed, valued, and supported.

## April is ALSO Volunteer Appreciation Month

April is also National Volunteer Appreciation Month, and we cannot think of a better time to say it loud and clear: **thank you!**

Every single program we offer exists because of people who show up and give their time, energy, and hearts to the children and families we serve. From helping with check-in and leading craft activities, to cycling through the Bosque alongside our kids and cheering at Camp Adventure, volunteers make it all possible.

If you've ever volunteered with us, know that your presence matters more than you may realize. The smiles, the connections, and the memories our kids carry with them are a direct reflection of the community you help build.

# VOLUNTEER HIGHLIGHT

thank  
★ you ★



## Rachel & Chloe's Volunteer Story

My Carrie Tingley volunteer adventure started a few years ago during a difficult chapter in my life. I needed something to take the focus off myself and my sorrows. I Googled 'volunteer opportunities in Albuquerque' and found Carrie Tingley's Camp Adventure. The program and community has since become one of my favorite times of the year.

As the "camp nurse" and helping hands volunteer, I am able to help provide the opportunity for these amazing kids to play, explore and just be themselves. From wheelchair basketball to talent show rehearsals, I try to match the energy and encouragement the campers bring. Some of the kids face incredible challenges, just to get out of bed—but when they're at camp, they laugh, play and cheer each other on. I consider it a privilege to be allowed into these glimpses of people's lives and in some way to be part of their story. Last summer a camper was super excited on the first day, telling me "You came back!!!"

I was able to bring my 15 year old daughter Chloe with me for the summer and Christmas events in 2025. She was excited and looked forward to being a part of the activities and fun. She bonded with a few of the younger girls, and I know that experience will positively impact her life. I want to most of all to teach my daughters kindness. I hope they develop a love for community and giving back, because we all need a little help sometimes. If we all had a heart for service, imagine what we could do!!

# UPCOMING PROGRAMS & REMINDERS

## Q2 Upcoming Programs

### April

Q2 B-Day Event  
Wiffle Ball  
Volleyball  
Crafts  
Tread Setters\*\*  
Soccer\*\*  
Kayaking\*  
Adaptive Sports Day\*

\* external program

### May

Field Hockey  
Darts  
Crafts  
STEM/Sensory Night  
Virtual Camp  
Tread Setters\*\*  
Kayaking\*

\*\* weather dependent

## Participant Highlights

Interested in having your child(ren) highlighted in a future newsletter? Fill out the [Participant Highlight](#) form for a chance to be featured!



## Reminders & Updates for Camp Adventure

Email communications about the monthly schedule will usually go out the last week of the month before. Attendance can be updated at any point, and families can continue to register throughout the month for any remaining programs.

By submitting the monthly form, families are letting us know what programs they plan to attend, and we will send reminders for just the ones selected. To receive more info on the programs above, fill out a [participation form](#).

**Camp Adventure is taking place the week of June 8th-12th, the new location and additional information will be going out via email to families.**

Program options/times not ideal for your family? Fill out the survey below so we can better understand what works best for participating families!

[Logistics Survey](#)

# PROGRAM SUPPORT OPPORTUNITIES

## Donor Search

One of the most cherished parts of Camp Adventure is the time kids spend together laughing, connecting, and making memories that last long after the week is over. A big part of making that happen is keeping everyone fed and energized throughout the day!

Meals, snacks, and drinks for our campers, guardians and volunteers represent one of our largest expenses for camp, and we are looking for community partners who would be able to help carry that load. Whether you're a restaurant, grocery store, food brand, or simply someone who wants to make a tangible difference in a child's week, there are two ways to support:

- In-kind donations of catered meals (feeding 100+ at a time), individually packaged snacks, or single-serve beverages
- Monetary donations that may be used to purchase meals, snacks, drinks

Another large expense we incur for Camp Adventure is t-shirts. Many of the families we serve cannot do laundry daily for their child to wear the same camp shirt every day, so we provide 3 t-shirts for each child and 2 for each volunteer to use during the week. While we have a great vendor that works with us, donations toward that are an enormous support!

Every contribution means one less barrier between a child and an unforgettable camp experience. If you or someone you know is interested in partnering with us for any of the above, please reach out to [cbeagley@cthf.net](mailto:cbeagley@cthf.net) for more info.

## Volunteer Initiatives

Our programs wouldn't be possible without the support of our volunteers. Whether you only have an hour to spare here or there, or want to become a regular part of our community, there's a place for you here!

Join us at our monthly activities and help create memorable experiences for the kids. From assisting with wheelchair basketball and hatchet throwing to facilitating crafts and creative projects, your presence makes a real difference. We have in person AND virtual programs, so you can join us from a distance if needed! Visit the website to learn more.

# PICKLEBALL

## PALOOZA



## BECOME A COURT SPONSOR

COURT SPONSOR BANNER

PARTICIPATION IN TOURNAMENT  
(2 PLAYERS)

WEBSITE AND SOCIAL MEDIA  
RECOGNITION

SHOUTOUTS THROUGHOUT THE  
TOURNAMENT

Defined Pickleball 1644 Rio Rancho  
Blvd SE, Rio Rancho, NM 87124

**APRIL 24-26**  
**2026**

**APPLY**  
**NOW!**



CARRIETINGLEYHOSPITALFOUNDATION.ORG

# PICKLEBALL PALOOZA

**24-26  
APRIL**



**DEFINED PICKLEBALL  
1644 RIO RANCHO BLVD SE  
RIO RANCHO  
NEW MEXICO 87124**



**FRIDAY - SINGLES  
SATURDAY - DOUBLES  
SUNDAY - MIXED DOUBLES**

**\$2000 FOR MIXED DOUBLES  
OPEN DIVISION CHAMPIONS**

**ORGANIZED BY  
ABQ PICKLEBALL CLUB  
& PRO SPORTS NM**

**REGISTERING OPEN & AMATEUR  
SINGLES & DOUBLES NOW:**



[PICKLEBALLTOURNAMENTS.COM/TOURNAMENTS/PICKLEBALL-PALOOZA-BENEFIT-FOR-CARRIE-TINGLEY-HOSPITAL-FOUNDATION-2026](https://PICKLEBALLTOURNAMENTS.COM/TOURNAMENTS/PICKLEBALL-PALOOZA-BENEFIT-FOR-CARRIE-TINGLEY-HOSPITAL-FOUNDATION-2026)