



Carrie Tingley

HOSPITAL FOUNDATION

MARCH 2026 NEWSLETTER

Top News

**Title Sponsor for
Pickleball Palooza**

**Cerebral Palsy
Awareness Month**

**Upcoming Program &
Registration Reminders**

Get Involved



Precision Medical
HAIR RESTORATION & AESTHETICS

Announcing our title sponsor:

Precision Medical Hair Restoration & Aesthetics

A huge thank you is extended to Precision Medical Hair Restoration & Aesthetics for their generosity and commitment to children with disabilities and their families across New Mexico. Their kindness supports the Foundation's Quality of Life programming that provides children with disabilities with the opportunity to engage in adaptive sports and activities, make lasting friendships, and find an uplifting community.

The 2026 Pickleball Palooza is April 24-26, 2026 at Defined Pickleball in Rio Rancho! Register to play through the link below to join in on the fun and support Carrie Tingley Hospital Foundation.

[Learn more and register here!](#)

CEREBRAL PALSY

AWARENESS MONTH

March is Cerebral Palsy Awareness Month

March is Cerebral Palsy Awareness Month; a time dedicated to raising awareness about one of the most common childhood disabilities and celebrating the resilience of those living with CP.

Cerebral palsy is a group of disorders that affect movement, muscle tone, and motor skills. It is caused by damage to the developing brain, most often before or during birth. CP affects each person differently. Some children may need minimal support while others require more significant assistance with daily activities. While there is no cure, early intervention, therapy, and access to adaptive programs can make a tremendous difference in a child's quality of life!

Many of the children we serve at Carrie Tingley Hospital Foundation are living with cerebral palsy. Through our Quality of Life programs, we work to ensure these children have access to adaptive sports, recreational activities, and community connection. Every child deserves the opportunity to thrive!

We invite you to wear green on March 25th in support of CP awareness; help us spread the word about the incredible strength of our community!

UPCOMING PROGRAMS & REMINDERS

Q1/Q2 Upcoming Programs

March

Wheelchair Basketball
Corn Hole
Crafts
Virtual Camp
Martial Arts*
Soccer**
Kayaking*
Tread Setters**

** external program*

April

Q2 B-Day Event
Wiffle Ball
Volleyball
Crafts
Soccer**
Kayaking*
Adaptive Sports Day*
Pickleball Palooza

*** weather dependent*

Participant Highlights

Interested in having your child(ren) highlighted in a future newsletter? Fill out the [Participant Highlight](#) form for a chance to be featured!



Reminders & Updates for Camp Adventure

Email communications about the monthly schedule will usually go out the last week of the month before. Attendance can be updated at any point, and families can continue to register throughout the month for any remaining programs.

By submitting the monthly form, families are letting us know what programs they plan to attend, and we will send reminders for just the ones selected. To receive more info on the programs above, fill out a [participation form](#).

Camp Adventure is most likely taking place the week of June 8-12. We are finalizing details on a new location, keep an eye out on your emails for communication on that event!

Program options/times not ideal for your family? Fill out the survey below so we can better understand what works best for participating families!

[Logistics Survey](#)

PROGRAM SUPPORT OPPORTUNITIES

Wishlist

Did you know there's an easy way to directly support our programs without making a cash donation? Our Amazon Wishlist is stocked with items we use for our programs that help make every program possible for the children we serve.

Shopping our wish list means purchased items go directly toward the hands-on experiences our kids love. It's a great option for individuals, businesses, or groups looking for a tangible way to give to the Foundation.

[View the Wishlist Here](#)

Thank you to everyone who has already contributed through the wish list! Your generosity shows up in every craft project, every activity kit, and every smiling face at our programs.

Volunteer Initiatives

Our programs wouldn't be possible without the support of our volunteers. Whether you have an hour to spare or want to become a regular part of our community, there's a place for you here!

Join us at our monthly activities and help create memorable experiences for the kids. From assisting with wheelchair basketball and hatchet throwing to facilitating crafts and creative projects, your presence makes a real difference.

Can't make it in person? Virtual Camp volunteers assist with coordinating activity kits and connecting with participants remotely!

Want to support big events? We have several large-scale programs/events that need assistance! Check out our website for info.

No matter how you choose to give your time, your support helps us remove barriers and open doors for children with physical disabilities across New Mexico. Visit our website to fill out a volunteer application and find the opportunity that's right for you!

PICKLEBALL

PALOOZA



BECOME A COURT SPONSOR

COURT SPONSOR BANNER

PARTICIPATION IN TOURNAMENT
(2 PLAYERS)

WEBSITE AND SOCIAL MEDIA
RECOGNITION

SHOUTOUTS THROUGHOUT THE
TOURNAMENT

Defined Pickleball 1644 Rio Rancho
Blvd SE, Rio Rancho, NM 87124

APRIL 24-26
2026

APPLY
NOW!



CARRIETINGLEYHOSPITALFOUNDATION.ORG

PICKLEBALL PALOOZA

**24-26
APRIL**



**DEFINED PICKLEBALL
1644 RIO RANCHO BLVD SE
RIO RANCHO
NEW MEXICO 87124**



**FRIDAY - SINGLES
SATURDAY - DOUBLES
SUNDAY - MIXED DOUBLES**

**\$2000 FOR MIXED DOUBLES
OPEN DIVISION CHAMPIONS**

**ORGANIZED BY
ABQ PICKLEBALL CLUB
& PRO SPORTS NM**

**REGISTERING OPEN & AMATEUR
SINGLES & DOUBLES NOW:**



**PICKLEBALLTOURNAMENTS.COM/TOURNAMENTS/PICKLEBALL-
PALOOZA-BENEFIT-FOR-CARRIE-TINGLEY-HOSPITAL-
FOUNDATION-2026**