



Carrie Tingley

HOSPITAL FOUNDATION

FEBRUARY 2026 NEWSLETTER

Top News

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Planning is underway for our annual fundraiser! Pickleball Palooza welcomes players aged 19 and up of all skill levels. We are actively looking for sponsors for the event, including a Title Sponsor; see the end of the newsletter for sponsorship packages. Player registration is open and is linked below!

A special thank-you is extended to ABQ Pickleball Club and PRO Sports NM for handling the registration and tournament organization of the event. We also extend a thank you to Defined Pickleball for graciously hosting the event.

1st-3rd place winners of the amateur bracket will be awarded medals. 1st-4th place winners of the open bracket mixed doubles will win prize money as follows:

1st place - \$2,000 | 2nd place - \$1,000 | 3rd place - \$600 | 4th place - \$400

[Learn more and register here!](#)

RARE DISEASE AWARENESS DAY

February 28th is Rare Disease Day

Every year on the last day of February, the world comes together for Rare Disease Day, a day dedicated to raising awareness about rare diseases and the impact they have on individuals, families, and communities.

Over 300 million people worldwide live with one of more than 6,000 identified rare diseases, representing approximately 5% of the global population. While rare diseases are individually uncommon, together they affect millions of lives across every country and community, including ours.

Rare diseases present unique and complex challenges. Approximately 70% begin in childhood, meaning families often start navigating diagnosis, treatment, and long-term care early in life. For many, diagnosis can take years, and treatment options may be limited or unavailable, contributing to unmet medical needs.

Within our own community, some of the children we serve are part of the rare disease community. Children with complex, lifelong, and often rare conditions may face medical, social, and accessibility challenges from a very young age. These experiences shape not only their healthcare journeys, but also their opportunities to play, learn, connect, and thrive within their communities.

The Carrie Tingley Hospital Foundation strives to support these children by removing barriers where possible. This may include providing access to adaptive equipment so a child can participate in a wider range of activities, as well as offering financial assistance for home or vehicle modifications to improve accessibility.

Rare Disease Day serves as an opportunity to learn more about these conditions, recognize the resilience of those living with rare diseases, and promote greater understanding, inclusion, and equity in health care and society. By increasing awareness, we help create a world where individuals with rare diseases are seen and supported.

WELCOMING NEW STAFF

Mary Ashley Bannister

Mary Ashley joins us as our Executive Assistant! She brings experience in medical interpreting, and healthcare equity, along with a background in Spanish language and advocacy. Mary Ashley is passionate about improving access and equity in healthcare.



Serena Song

Serena joins us as a Program Coordinator working with the kids. She brings passion and experience in community health education and youth development, exuding compassion, intentionality, and a community-centered approach to her work.



UPCOMING PROGRAMS & REMINDERS

Quarter One Upcoming Programs

February

Quarter 1 Birthday
Celebration
Field Hockey
Hatchet Throwing
Crafts
Museum Sensory Night*
Kayaking*
Climbing*

** additional forms required*

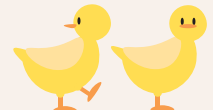
March

Wheelchair Basketball
Corn Hole
Crafts
Virtual Camp
Martial Arts*
Car Show*
Kayaking*
Tread Setters**

*** weather dependent*

Participant Highlights

Interested in having
your child(ren)
highlighted in a future
newsletter? Fill out the
[Participant Highlight](#)
form for a chance to be
featured!



Reminders for Participating Families

The program registration/confirmation process has been updated. With some software challenges we've been having, we are mainly utilizing email for communication with families. Some texts are still going out for less important updates, but monthly program sign-ups, cancellations (weather, illness, etc.) notifications, and other important info are going out via email.

On a monthly basis, we will send an email with a program confirmation form - by submitting the form, families are letting us know what programs they plan to attend, and we will send reminders for just the ones selected. To receive more info on the programs above, fill out a [participation form](#). Reach out to cbeagley@cthf.net to confirm if we have a participation form on file for your child(ren) already.

Program options/times not ideal for your family? Fill out the survey below so we can better understand what works best for participating families!

[Logistics Survey](#)

EQUIPMENT EXCHANGE

Global Opportunities Unlimited Equipment Exchange

We have had families ask if they can donate adaptive equipment their loved ones are no longer using so it can help another family. It has come to our attention that another organization in the adaptive community has a system set up for this very thing!

Global Opportunities Unlimited is another wonderful adaptive organization in New Mexico that advocates for more accessibility, especially in the outdoor recreation space. They have a resource set up called the GO Unlimited's Community Exchange. This program connects people who have adaptive gear like wheelchairs, handcycles, or exercise equipment with others in the community who may be in need.

You simply create an account, post your equipment, and someone who needs it can reach out directly. It's a simple way to keep gear in action, support another family, and give your retired equipment a new purpose. Learn more about the Exchange and GO Unlimited by clicking [here](#).



VOLUNTEER OPPORTUNITIES



Volunteer Importance

All of our programs rely on volunteer support. Volunteer opportunities can include tasks like helping with check in, facilitating a craft or creative activity, leading a movement activity, and even cycling in the Bosque with the kids!

We also utilize volunteers for our large-scale events such as Camp Adventure, Cookies with Santa, Pickleball Palooza and Day of the Tread.

Learn more about our volunteer needs, and fill out the volunteer application by visiting our [Volunteer](#) page.

Advisory Committee Applications

We are working to relaunch our advisory committee for the 2026 year! We would love for this committee to be around 20 people total, as we know that schedule conflicts may prevent people from attending some of the meetings.

The committee will collect feedback on programs, get suggestions for things we are not yet doing, gather resources families may benefit from, and more. Guardians, volunteers, and Ambassadors are welcome. Fill out the application [here](#) if interested in joining.



TITLE SPONSORSHIP

PICKLEBALL PALOOZA

Includes Swag Bag Sponsorship & Awards Sponsorship
Title Sponsor Banner
Participation in the Tournament (6 players)
Tabling Opportunity at the Tournament
Photo Opportunity with Tournament Champions
Swag Bag Logo Recognition
Website & Social Media Recognition
Shoutouts Throughout the Tournament

\$5000

***RALLY FOR HOPE -
BECAUSE EVERY CHILD
DESERVES A CHAMPION***



Carrie Tingley
HOSPITAL FOUNDATION

carrietingleyhospitalfoundation.org



PICKLEBALL

PALOOZA



BECOME A COURT SPONSOR

COURT SPONSOR BANNER

PARTICIPATION IN TOURNAMENT
(2 PLAYERS)

WEBSITE AND SOCIAL MEDIA
RECOGNITION

SHOUTOUTS THROUGHOUT THE
TOURNAMENT

Defined Pickleball 1644 Rio Rancho
Blvd SE, Rio Rancho, NM 87124

APRIL 24-26
2026

APPLY
NOW!



CARRIETINGLEVHOSPITALFOUNDATION.ORG

PICKLEBALL PALOOZA

**24-26
APRIL**



**DEFINED PICKLEBALL
1644 RIO RANCHO BLVD SE
RIO RANCHO
NEW MEXICO 87124**



**\$2000 FOR MIXED DOUBLES
OPEN DIVISION CHAMPIONS**

**ORGANIZED BY
ABQ PICKLEBALL CLUB
& PRO SPORTS NM**

**FRIDAY - SINGLES
SATURDAY - DOUBLES
SUNDAY - MIXED DOUBLES**

**REGISTERING OPEN & AMATEUR
SINGLES & DOUBLES NOW:**



PICKLEBALLTOURNAMENTS.COM/TOURNAMENTS/PICKLEBALL-PALOOZA-BENEFIT-FOR-CARRIE-TINGLEY-HOSPITAL-FOUNDATION-2026